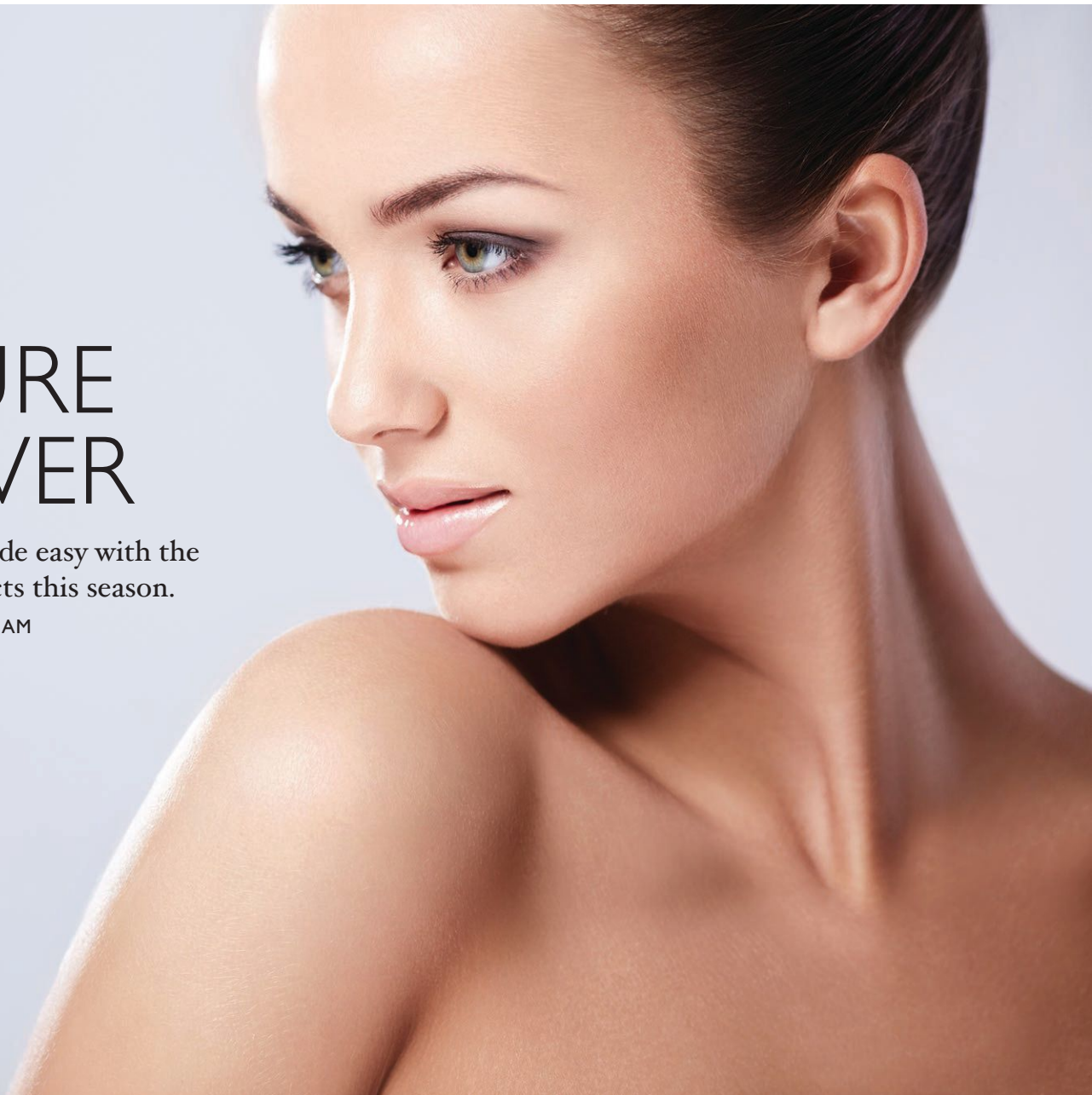


# MOISTURE MAKEOVER

Combating winter dryness is made easy with the help of a few hydrating products this season.

BY SUSAN LANIER-GRAHAM



**O**ur skin takes a beating in the winter months, whether from holiday travel or spending days on the slopes with wind whipping chapped faces. As fall changes to winter and cooler temperatures pervade, protecting sensitive skin becomes undeniably important.

“Winter is clearly a time when harsh outdoor conditions and the dryness of indoor heat stresses and dehydrates the skin,” says Janet Denyer, director of spa operations at Montage Hotels & Resorts. Fortunately, she has some solutions for this challenging season. “For the ultimate in dry skin rejuvenation, I recommend the 120-minute L.Raphael Dead Sea Healing Body Polish, available exclusively in the western United States at Spa Montage Beverly Hills. It is delightfully relaxing and will leave your skin with the ultimate glow,” Denyer says.

For those who might be hitting the slopes in northern Utah, Denyer recommends the oxygen treatments for the face at Spa Montage Deer Valley, which replenish dehydrated skin. The ultimate oxygen facial uses a blend of vitamins, antioxidants, peptides and humectants to allow for exceptional hydration, improved firmness and reduction of fine lines.

Meanwhile, outdoor adventure at Montage Palmetto Bluff is a must, but Denyer suggests rejuvenating the skin afterward with the 90-minute ginger renewal treatment featuring a full body exfoliation, hot oil scalp massage, warm stone back, neck and shoulder massage and splendid foot treatment. **M**

## Skin Savivors

Winter's extreme conditions can stress the skin, so it's important to find tried and tested brands that moisturize and rejuvenate. Discover these products at Spa Montage locations across the country.



Lying by the beach this winter? Take to the sand with confidence at Montage Kapalua Bay using **KERSTIN FLORIAN FACE SERUM SPF 25**, a hydrating dry-oil formula with vitamin E and chamomile, \$60.



Available exclusively on the West Coast at Montage Beverly Hills, **L.RAPHAEL TONING BODY SILK** is infused with aromatherapeutic oils and healing ingredients from the Dead Sea, perfect for pampering winter skin and highly effective, \$150.



Vegan and ocean-inspired, **OSEA ANTI-AGING BODY BALM** helps pamper sun-exposed skin at Montage Laguna Beach with marine extract and algae to replenish vitamins and minerals, \$48.

Use **JACQUELINE PIOTAZ SWITZERLAND ENERGY BOOSTER SERUM** under SPF cream to increase hydration and help combat sun and saltwater exposure during outdoor activities at Montage Palmetto Bluff, \$221.50.



Ideal for year-round lip protection, especially after a day on the slopes at Montage Deer Valley, **KERSTIN FLORIAN LIP BALM SPF 15** offers broad-spectrum sun protection, antioxidants and botanicals, \$15.